



## Effective Methods of Learning English Independently

Samadova Marjona

Student of Samarkand State Institute of Foreign Languages

**Abstract:** This article is devoted to the issue of independent methodology of learning English using various sources. The article reveals effective methods of independent English language learning. In addition, the article highlights the problems and shortcomings in learning English.

**Key words:** English language, independent education, foreign language learning methods, education.

In the modern world, the trends are such that an English teacher is no longer the main source of knowledge. Thanks to the Internet, we have access to an endless number of educational resources in the public domain. These include: electronic textbooks for self-study of English, video lessons for students of any level of knowledge (YouTube), films and series in English with Uzbek or Russian subtitles, smartphone applications that allow you to learn English at any time, English books, games, and so on. . Also, many today use social networks to improve their level of English through communication (correspondence or video calls) with native speakers.

However, such a number of useful resources for independent study of a subject does not always have a positive effect on the result. In order to acquire the desired knowledge, a person must have certain personal qualities, without which the learning process can drag on for many years, or even stop altogether.

Most students who plan to learn English on their own start learning it with great enthusiasm. They download all kinds of textbooks and tutorials that a search engine gives them on the Internet, download a dozen special applications to their smartphone, subscribe to various channels for learning English on YouTube, as well as many more pages on other social networks where English lessons are broadcast for free. Moreover, by subscribing to the same type of channels, YouTube and other social networks, every day they will recommend you more and more new channels and videos related to the topic that interests you. You will subscribe to new channels, add recommended videos to the "Watch Later" folder, and thus, without a structure for learning the language and any clear plan, your interest in English will gradually fade away. Every textbook, every website, every educational resource has its own structure of presentation. Therefore, if you learn English on your own, using many sources, the information received may not be assimilated at all.

Effective methods and techniques for learning English, which a professional teacher possesses, are not as easy to find on the Internet as it seems. Moreover, it is necessary to be able to distinguish the competent presentation of information on the Internet from the erroneous one. It is not easy for a beginner student to cope with such a task.

However, the desire to learn English on your own is quite doable if you follow some rules:

1. English cannot be mastered using only books, audio and video materials. You can read English literature in the original, listen to news channels from the UK and do dozens of grammar exercises a day, but this will not help you speak English yourself. To practice your conversational skill, you

need an interlocutor. There are many ways to find it online if you don't have one in real life. You can find friends from English-speaking countries on social networks or use special smartphone applications such as “Hello talk” or “Hi native”. These applications allow you to chat, send voice messages or arrange video conferences with native speakers.

2. In any business in which you want to succeed, consistency and discipline are important. Many teachers like to focus on the motivation of students when learning English, but motivation is not always there. Moreover, it can appear and disappear for an indefinite amount of time. And in learning a language, it is not recommended to take long breaks, since the acquired knowledge begins to be forgotten and there is a high probability of losing interest in the learning process. For better assimilation of the material, you need to study every day. Even if there are days that are scheduled by the minute, you can play songs, audiobooks or podcasts in English (on any topic that interests you) while you have breakfast, while driving or walking. You can also train yourself to think in English and pronounce your thoughts even out loud. This is a very useful habit that contributes to faster and more effective language learning.

3. Another equally effective way to practice speaking skill - talking with your reflection in the mirror. It is not uncommon when learning a language at school, university or in an English-language course, a student feels stressed about having to speak English in a group. His speech is judged by strangers, and he tries not to make mistakes, thereby not allowing himself to speak freely. It is quite another thing when he is alone with himself and can afford to make mistakes in speech without stress. A very exciting exercise for training a conversational skill is to describe images in various pictures: who is depicted, what surrounds him, what properties objects have, and so on.

4. Reading books in English is not only a useful pastime, but also very interesting. When reading, pay attention to the vocabulary and grammatical constructions in the book. Thus, you not only learn new words, but also train the patterns that are used in the English language. Word order is different in every language. In Uzbek, we can swap words and the meaning of the sentence will remain the same. The English language has a direct word order (subject - predicate - all other circumstances), has its own patterns, that is, its own ways to build certain sentences. We cannot translate from one language to another word for word without using patterns. In Russian, for example, we say: “Я хочу, чтобы мои дети учили английский язык” In English - “I want my children to learn English”. Literally, the translation is: “I want my children to learn English.” This is the pattern that we can train by repeatedly reading such sentences. The bottom line is that you don't need to memorize anything, but you just need to understand it with each individual pattern and train them. The whole language learning system is training.

5. Don't forget to practice writing. You can use entries for English in everyday life: make a shopping list in English, keep your blog, diary, write interesting and inspiring phrases from books, magazines, and so on in a notebook. It is not recommended to keep a dictionary constructed in this way: “English word - transcription - translation”. It is better to learn words in context, so you need to write down phrases or sentences with translation in the dictionary right away.

6. No matter how varied your training is, you still need to choose the main textbook. Without comprehensive study guides, learning English on your own will not be easy. In the textbook, information is presented in an orderly manner, from simple to complex. You should opt for a modern manual that uses actual vocabulary, has a clear learning plan, and pays attention to every aspect of the language (grammar, reading, pronunciation, listening and writing).

Summing up, it should be noted that self-study of English will give positive results only if the classes are interesting to you, since it is interest that is an important driving force of human activity. It is from this aspect that the concentration of attention and, consequently, success in learning depends.

## REFERENCES:

1. Galskova N.D. Theory of teaching foreign languages: Linguodidactics and methodology: textbook. allowance / N.D. Galskova, N.I. Gez. - 6th ed., Sr. – M.: Academy, 2014.

2. Koryakovtseva N.F. Theory of teaching foreign languages: productive educational technologies: textbook / Natalia Fedorovna Koryakovtseva. – M.: Academy, 2015.
3. Petrov D.Yu. English language. Basic training. – M.: Labyrinth, 2014
4. Erkinov, S. E. (2022). Study on Linguophilosophy of the Past and Present. *Journal of Positive School Psychology*, 9507-9519.
5. Erkinov, S. (2015). Regularities of professional military sphere in english. *SCIENTIFIC ENQUIRY IN THE CONTEMPORARY WORLD: THEORETICAL BASICS AND INNOVATIVE APPROACH*, 89.
6. Farkhodovna, M. M. (2021). Communication between Cultures and Language Structure. *TA'LIM VA RIVOJLANISH TAHLILI ONLAYN ILMIY JURNALI*, 1(6), 341-345.
7. Saloxiddinov, M. (2023). THE HISTORY OF LINGUISTIC TYPOLOGY. *Eurasian Journal of Academic Research*, 3(1 Part 3), 118-120.
8. Абсаломов, X., Эсанов, С., & Хакимов, X. (2022). The importance of error correction in foreign language learning. *Общество и инновации*, 3(2/S), 289-293.
9. Abduxakimovich, S. A., & Akmaljon o'g'li, H. S. (2022). INGLIZ VA O'ZBEK GAZETA MATINLARIDA DEYKTIK BIRLIKLAR VA ULARNING MOHIYATI. *INNOVATION IN THE MODERN EDUCATION SYSTEM*, 2(24), 419-422.
10. Abduxakimovich, S. A., & Akmaljon o'g'li, H. S. (2022). LINGVISTIKADA MATN TUSHUNCHASIGA OID QARASHLAR. *Scientific Impulse*, 1(3), 978-983.
11. Saidov, A., & Abdulxairov, F. (2022). ОИЛАДА ЁШЛАРНИНГ СОҒЛОМ ТУРМУШ ТАРЗИ ТЎҒРИСИДАГИ ТАСАВВУРЛАРИНИ ШАКЛЛАНТИРИШ МУАММОСИНИНГ ИЖТИМОЙ-ПСИХОЛОГИК ОМИЛЛАРИ. *Science and innovation*, 1(B8), 1621-1625.
12. Саидов, А. (2023). ОИЛАДА ЁШЛАРНИНГ СОҒЛОМ ТУРМУШ ТАРЗИ ТЎҒРИСИДАГИ ТАСАВВУРЛАРИ ШАКЛЛАНИШИНИНГ ИЛМИЙ-МЕТОДОЛОГИК АСОСЛАРИ. *Involta Scientific Journal*, 2(4), 58-60.