



Peculiarities of Formation of Reading and Reading Culture among Primary School Students

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Abstract: This article describes the rules and regulations of reading books, the skills that must be followed in the process of reading, the specific features and methods of forming the culture of reading in elementary school students.

Keywords: Reading, book, family, reading level, reading, children's library, content, scientific literature, reading technology.

A book is a person's closest friend and advisor, a source of knowledge and a guide to the mind. Because the book is a tool of thinking, a key to treasures, a source of thought, our people considered it as dear, honorable and sacred as bread. That's why the love of books, appreciation of books, passion for reading is ingrained in the blood of our people. A person's culture is reflected in his book. Man is alive with his ability to think, his spiritual world. One of the factors that distinguish a person from other creatures is his spirituality.

The book is an important resource that improves human spirituality and outlook. A person who reads a book is thoughtful, knowledgeable, has a high level of thinking and is distinguished from others by his worldview and thinking. A child familiar with books grows up to be a good person. That is why it is the duty of parents and teachers to increase children's love for books and literature in families, kindergartens and schools. A person who has read a lot of books has a high level of knowledge, a high culture of behavior, and can find his place in life as a mature person.

According to our famous writer Oybek, books are the wings of thought. It was not for nothing that the famous French philosopher Francis Bacon said that "Books are ships of the mind that transmit masterpieces of thought from generation to generation." After all, the book is a great miracle that sharpens the mind, opens the source of intelligence and inspires it. The incomparable role of the book in the spiritual development of human life and human society has been known since ancient times. Along with giving knowledge and familiarity with the world, it creates a feeling of love for beauty, enjoyment of it, and hatred of evil.

School and parents have a very complex and responsible task in forming children's reading skills. For this, parents themselves should have high taste and be enlightened and educated. It is known that books play an important role in a child's spiritual life only if he knows how to read. For the spiritual enrichment of the child, the book must lead him to spiritual, intellectual and aesthetic growth. The first motivation for this is the first book read to the child in the family, the second is when the child hears his father and mother reading and imagines the beauty of artistic images, this first and second meeting with the book is the child's later adolescence. all areas of his spiritual life: work, play, music, children's creativity, and it is necessary to cover all aspects of his life. Because it is difficult to imagine the life of a teenager without creative work, the world of fairy tales, fantasies, games and music. If reading covers all these things, it will help him to grow into an intelligent and well-rounded person who tries to understand the essence of life without meaning and understands the conflicts of life. A tool that shapes intelligence and enriches the spiritual world of a person is a book, reading.

Reading is a person's work on himself, turning his activities in a certain direction, forming certain feelings, beliefs and outlook in his mind, teaching him to think, how to live in life, to think, to find out the writer's humanitarian, moral, aesthetic, artistic, civic point of view, to learn his spiritual teachings and to define his own life path program based on them, to enter into a discussion with the writer, every student to find something new from the book is to enrich one's spiritual world.

Children's spirituality is an active process that develops. Therefore, parents should pay attention to the following factors when using the book:

1. Forming children's passion for reading
2. The spiritual level of the child should be taken into account when choosing a book.
3. Specializing in book selection.
4. Examination of the book.
5. Monitor and control book reading

Monitoring can be done through reading tests, reading evenings, dialogue, roundtable discussions, discussions on various topics, scientific-practical conferences, interviews, sociological-empirical research and analytical investigations. It is known that the reader is primarily interested in the reality described in the book. Gradually, this interest affects his feelings, he begins to compare the depicted reality with the reality of life, he begins to understand the beauty in the images, he begins to think about the character of the heroes, he is interested in the author's purpose. Only in this regard, we need to create new methods and mechanisms of book-based education.

When choosing books for children, parents should take into account their age, mentality, interest, and taste, or consult with experts if necessary. At the same time, it is necessary to pay attention to the educational aspects of each artistic work that the child is reading.

When choosing a book for a children's library, it is necessary to take into account children of different ages. For them, it is necessary to increase the number of fairy tales, adventure, science-fantasy books by writers of different nationalities. This prepares a great ground for the development of their thinking. In fact, as one of the famous pedagogues said: "A life spent reading a book is to get acquainted with the beauty of thoughts, enjoy cultural wealth, and elevate oneself." In order to bring up a perfect generation, we must familiarize them with books, hold the book in their hands as a beacon. As for the education of the heart, we adults should start with ourselves. Every family has a small number of books. In most cases, there can be a family library with dozens, hundreds, thousands of books.

Although the word "mutolaa" means "to read" in Arabic, today it has a broader meaning than reading a book. According to A. Umarov: "Mutolaa" culture is knowledge, norms, social events that represent a set of changes occurring in the content and structural systems of social groups, associations and individual individuals, aimed at obtaining general information, behavior and activities. and other attributes. At the same time, various sources - books (artistic, scientific, educational, encyclopedia), mass media (newspaper, magazine, television, radio, etc.) etc.), modern information technologies (internet, electronic newspapers, magazines, manuals, etc.), as well as people who communicate directly with the subject (family members,...) in various directions and forms it is necessary to distinguish from general information". Professor V. Asmus in his article entitled "Book-reading - work and creativity" defines reading as follows: "During reading, the work does not flow into the reader's brain like water poured from one jug to another, but is re-perceived by the creative reader." will be done."

According to the level of penetration into the content, reading is divided into the following types:

- ✓ take a look - to get a general impression;
- ✓ getting acquainted with the text - to learn the general content;
- ✓ learning reading - to absorb the maximum amount of available meaning.

The following rules should be followed when reading scientific literature:

1. Reading should be very serious and thoughtful.
2. When reading scientific literature:
 - ✓ it is necessary to analyze the read text;
 - ✓ it is necessary to learn the meaning of unfamiliar terms and concepts,
 - ✓ it is necessary to seek answers to questions that are important to you;
 - ✓ marking of information - it is necessary to put marks.
3. It is necessary to copy the missing parts of your scientific work: interesting thoughts, facts, figures, various points of view.
4. Critically evaluate the information after reading and consider its relevance to your research.

The quantitative aspect of reading technology is seen in the fast or slow reading of the student. Speed reading is very important in reading. In this process, a person's quick memory and attention span are formed... Researchers recommend optimal reading in order to ensure the balance between qualitative and quantitative aspects of reading technology. According to V. Zaysev, "optimal reading means reading at the level of conversational speech". This means reading 120-150 words per minute. Then the mental state and intellectual capabilities of the person will also be read more. have, and read. Academic staff and managers are definitely required to read faster. The speed of reading depends on the speed of receiving information. In this case, the personal characteristics of the reader, such as the speed of analysis and intellectual capacity, are also important. American experts divide the reading process into "normative" reading with a comprehension rate of at least 70% and "sorted" reading at around 50%. Normative reading is simple (200-300 words per minute), faster (300-500 words per minute), and very fast (more than 550 words per minute). Consisting of selective reading. In selective reading, the reading speed is 800-1600 words per minute. constitutes Experts also call this reading diagonal reading. The second system-forming feature of the culture of reading is the level of reading, which is related to the technology of reading and indicates the level of understanding of information by the student. There are four stages to this and they are:

Level 1 - The reader understands the content of the text and remembers the plot of the story and its main aspects;

At the 2nd level, the student understands the content of the text and the plot, and has the ability to predict the course of events to a certain extent;

At the 3rd level, the student can express his independent attitude to the text and the story told in it, evaluate the behavior of the characters and analyze the episodes of the work;

At the 4th level, the student can fully understand the content of the text and analyze the story independently. Analyzing the actions of the heroes of the event, he forms his attitude.

"I am grateful to the book for all my good qualities," said one scholar of his time. The book is compared to the wings of human thinking. After all, enlightened people with a wide range of thoughts and ideas are the real wealth of the society. Any news will become obsolete one day, but the books that contain the intellectual and intellectual masterpieces of mankind won over thousands of years will never become obsolete. Therefore, the book has always been a source of knowledge, manners and ethics. Today, there is no more powerful tool than a book to educate the young generation in the spirit of national values. The role of the book in the growth of human intellectual potential is incomparable. After all, thanks to the book, our worldview is enriched and our thinking continues to grow. Some great people are familiar with the book, have reached maturity, and reached the level of a perfect human being. We must achieve this so that the book will be the most precious gift for our children. Only then will our children mature as we dream of, spiritually mature, capable of deep thinking, kind to young and old, loyal to their country, honest, pious and noble people.

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