



## Improving Technical and Tactical Actions in the Football Game

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**Abstract:** The reason why young players lag behind in acquiring technical and tactical training skills is first of all the lack of skills of coaches to solve the problems that arise in the initial stages of training young players. This article talks about the importance of technical and tactical training, technical and tactical training and its importance in training players.

**Keywords:** Goalkeeper, football, players, physical, technical and tactical training, controls norms.

To raise a mature generation in Uzbekistan, to actively attract talented young people to sports, to create the necessary conditions for increasing the popularity and development of our national football, to select young players and to ensure the development of professional skills and abilities in them, as well as to send them to the country's football clubs and national teams a number of decrees and decisions of the President of the Republic of Uzbekistan and the Cabinet of Ministers of the Republic of Uzbekistan were adopted in order to form a reliable reserve. These decrees and decisions set the tasks of improving the theoretical training and technical-tactical skills of young players, developing their professional qualities, as well as organizing the training process of young players based on scientific and methodological recommendations in accordance with the international requirements for the development of modern football.

According to experts, today's football players are lagging behind the strongest foreign players in performing technical ball control actions. The fact that young players are lagging behind in acquiring technical-tactical training skills can be explained, first of all, by the problems that arise in the initial stages of training young players. Scientific data on the age-specific dynamics of technical and tactical training indicators and the interdependence of competition performance indicators are very scarce in this regard. However, until now, the problem of the age characteristics of young players in the competitive activity has hardly been studied. Unfortunately, this situation, which is reflected in the current training programs for BO'SM-1 and BO'SM-2, does not help the chances of improving the effectiveness of technical and tactical training of football players.

The purpose of the study: to develop practical recommendations based on the study of technical and tactical actions of young football players during the game.

Tasks of the research:

1. To study the technical and tactical actions of young players on the field in the conditions of the competition:
2. Development of practical recommendations based on the compared shortcomings.

As methods of research, study and analysis of scientific methodical literature, pedagogical observation of football players during competition, mathematical-statistical methods were used. More than half of all technical and tactical movements of players are different ball passes. Observations revealed that young players make a lot of mistakes when performing the technical movement of playing with the head, the technical movement of deceiving the opponent. The technical-tactical actions of the football school students of BO'SM on the field were studied. Table 1

shows the results of TTX performed by young players. During the observations, 8 games were monitored and the average indicator was presented.

The effectiveness and defects in technical tactical actions of young players on the field are divided as follows. Ball passes were used 62 times during the average game. 27 of them were correctly executed, and 35 passes were incorrectly executed.

### Indicators of technical and tactical actions of players during the game (X) n=8.

№	Ball transfers				Taking away the ball		Deceiving the opponent		The gate is there strike		total			
	+		total	SK%	+	-	+	-	+	-	+	-	total	SK%
A-V	1	2	3	33,3	3	3	1	2	0	1	5	8	13	38,5
R-V	2	3	5	40,0	3	4	1	2	0	1	6	10	16	37,5
J-W	1	3	4	25,0	2	3	1	3	1	2	5	11	16	31,3
V-V	2	4	6	33,3	3	4	2	2	0	1	7	11	18	38,9
K-V	3	5	8	37,5	2	2	3	3	1	1	9	11	20	45,0
J-W	4	4	8	50,0	1	2	2	3	1	1	8	10	18	44,4
K-V	3	3	6	50,0	1	2	2	3	0	1	6	9	15	40,0
Ya-V	2	3	5	40,0	3	3	3	5	1	1	9	12	21	42,9
F-V	2	1	3	66,7	2	2	3	4	2	1	9	8	17	52,9
R-V	2	3	5	40,0	1	2	2	3	2	1	7	9	16	43,8
P-V	3	3	6	50,0	1	2	4	5	1	1	9	11	20	45,0
A-V	2	1	3	66,7	2	3	2	3	1	1	7	8	15	46,7
total	27	35	62	43,5	24	32	26	38	10	13	87	118	205	42,4
average	2	3	5	44,3	2	3	2	3	1	1	7	10	17	45,7
deviation	0,87	1,16	1,75	16,7	0,85	0,78	0,94	1,03	0,72	0,29	1,54	1,40	2,39	10,8

24 times the take-off was done accurately and 32 times it was done incorrectly. Defeat the opponent 26 definitely done 38 times not done. Shots on goal were made 10 times accurately and 13 times incorrectly. If we pay attention to the total number of technical tactical actions performed in the game, it is 205 times, of which 87 times were clearly performed and 118 times were performed unclearly. It is important for a player to have good physical fitness, well-developed speed, strength and dribbling skills.

From our pedagogical observations, it became clear that young players made more mistakes in the second half of the game than in the first half. According to coaches, the main reason for this is the insufficient development of physical fitness of young players. Of course, the use of such technical and tactical training methods by young players during the training process with the help of rest and changing methods will allow them to fully demonstrate their technical and tactical actions during the game.

### Conclusion

The results of the study of technical tactical actions of young football players made it possible to draw the following conclusions.

1. During the observation of young players during the game, it became clear that there is not enough literature to study the technical and tactical actions of 12-13-year-old players.
2. We found out from our observations that they pay more attention to their physical condition during the training of young players.

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