



The Role of Human Spirituality and Culture in Preventing Ecological Problems

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Abstract: The article talks about global problems and environmental problems. Ecological culture of people, ecological consciousness, application of philosophical and religious knowledge, serious ecological problems in society are highlighted.

Key words: Ecological problem, ecological culture, ecological consciousness, ecological religious knowledge, ecological philosophical knowledge, ecological philosophical knowledge of our great scholars.

Today, the problem that covers the whole earth and affects everyone equally is the problem of ecology. The question that everyone is wondering is: where did these problems come from? Of course, the answer to all these questions can be found in the person himself. Because people are the cause of problems in the world. Humans have made big mistakes in using nature. as a result, today's major problems have arisen. It is not wrong to assume that these problems arise because people do not follow secular and religious knowledge. Even in the current ecological situation, people are not following secular and religious knowledge. Some people lack or do not have the concept of ecological awareness and ecological culture. So, in order to eliminate the ecological problems of today, we must increase the ecological consciousness and culture of people in the society.

The world community is developing various measures to prevent and eliminate environmental problems. Our President Shavkat Mirziyoyev Miromonovich also touched on environmental problems in his address to the people of Uzbekistan and the Supreme Assembly.

"Ecology, especially water issues, is becoming a global problem. We must think not only of today, but also of future generations. Therefore, it is necessary to strengthen the requirements for the protection of natural resources, including water bodies and underground reserves, in our Constitution. As you know, our country experienced a drought in the last 3 years. The effect of this was clearly felt, especially in our regions in the lower basin of the Amudarya. Currently, serious environmental problems are emerging in Uzbekistan, as in the whole world. In most of our regions, the composition of the soil is deteriorating; the fertile land is shrinking, desertification, water shortage, drought, providing the population with clean drinking water is among these.

Protecting our nature, keeping the water, air and environment clean should become a culture and practical action of the residents of every neighborhood in the coming year. In order to change the current situation in a positive direction, we will strengthen our efforts to protect ecology and the environment, in particular, our work within the national project "Green Space".¹ He emphasized the urgency of today's ecological problem.

¹ <https://review.uz> Address of the President of the Republic of Uzbekistan to the People's Republic and the Supreme Assembly. 2022.12.22

Today, human consciousness plays an important role in preventing problems in the field of ecology. The human mind develops on the basis of certain knowledge. In this place, it is also mentioned in religious sources about the development of human consciousness and culture and how a person should react to ecology. Including in the Islamic religion, which is widespread in Central Asia, it is shown how to treat nature. M. Mirjalilov, imam of the "Dormon" mosque, Qibray district, cites the following:

"Allah the Most High blesses the Holy Qur'an in verses 24-32 of Surah Abasa:

"Now let a person looks at his food (with an exemplary eye)!" We sent down abundant water (from the sky). Then we gathered in it grains, grapes and greens, olives and dates, thick groves of trees, fruits and herbs. These are good for you and your livestock".²

In our religion, it is said that all things were created by God for people and that people should have a relationship with them.

In verse 53 of Surah Taho, God describes the earth as follows:

"He made the earth a cradle (dwelling place) for you and made paths in it and sent down water (rain, snow) from the sky. So, We brought forth with it (water) various kinds of plants."

As a cradle is a place for a baby, the earth is a place for a person. Allah is the one who cradles the earth and nurtures it, washes it, sends down water from the sky and collects trees and plants. If we live on this earth during our life, we will lie on this earth after our death.³

According to religious teachings, all things in nature are created for the benefit of man. So, since such opportunities have been created for humanity, we believe that humanity should respond accordingly. If there was such an attitude, today's environmental problems would not have become so serious.

"Indeed, we have created everything with a measure" (Surah Qamar, verse 49);

"... He is the One who created everything by measure" (Surah Furqan, verse 2).⁴

In our religion, it is said that all things are created for man and that they also have their dimensions. Paying attention to these sources, we must not allow excessive waste in the use of all things, especially in the matter of drinking water.

In the works of our great ancestors, who lived and created in the IVth-XIIth centuries, about the attitude to ecology, they gave some useful and scientific reasons for how to treat nature.

For example: "Pharaoh distinguished between natural and man-made things. He concludes that natural things are created by nature. He thoroughly assessed the importance of the human factor, natural and artificial selection, and other effects on nature."⁵

Today, as Farabi said, the influence of the human factor on nature is very high. As its use has increased, showing "kindness" to it has decreased considerably. This causes an imbalance in nature.

"Abu Raikhan Beruni (973-1048) tries to explain the phenomena in the universe with the laws of development and the interaction of things and phenomena. The scientist explains some phenomena on earth with the influence of the sun. According to him, a person can study existence scientifically if he follows the rules of nature.

Beruni described 1116 types of medicines in his work "Saydana". 750 of them are obtained from various plants, 101 from animals, and 107 from minerals.⁶

² <https://religions.uz> Chief imam-khatib of Qibray district,

M. Mirjalilov, imam of the "Dormon" mosque

³ <https://religions.uz> Chief imam-khatib of Qibray district,

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⁴ <https://islom.uz/view/islamda-tabiatga-munosabat> Tajiddinov son of Abdussomad Abulbosit

⁵ A.S. Tokhtaev. Ecology. T., "Teacher" 1998 y.

⁶ A.S. Tokhtaev. Ecology. T., "Teacher" 1998 y.

If we pay attention to the sources written down by our great ancestors, the number of natural medicinal plants is decreasing today. Or the efforts of people to satisfy their needs, the factories and plants being built reduce the effectiveness of medicinal plants. Because harmful substances coming out of factories and factories have a negative effect on them.

Today, people are using modern techniques and technologies to satisfy their needs. And in the use of nature, they do not miss any opportunities. However, depending on how much you use it, you must give a positive response to nature. If we are interested in a person, we will serve him to such an extent that there is no end. but nature benefits us more than the people who benefit us. If we do this kindness to nature. everything will surely end one day. But in order for the gifts of nature to reach the next generation in good condition and not wasted, we must treat nature and ecology relatively well. Natural resources are decreasing year by year, we must preserve them.

There is a proverb in our country "a bird does what it sees in its nest" if we change our attitude towards nature by increasing our ecological consciousness and culture, we can definitely prevent and eliminate the environmental problems of today.

In order to eliminate and prevent today's problems, we must rely on historical and philosophical knowledge, use modern technologies to reduce the harmful substances released into the environment, and make effective use of raw materials obtained from nature. If we do not try to prevent environmental problems, if we do not raise people's environmental awareness, environmental problems may become more serious. For this, everyone should work together. We will never be able to solve the problems if everyone does not come together.

In conclusion, the ecological problem, which is one of the most urgent problems today, threatens the lives of all people. We humans are the cause of these problems. We are also seeing the consequences of this. People are suffering from various diseases. We must solve these problems ourselves. All people should do this equally.

List of used literature

1. <https://review.uz> Address of the President of the Republic of Uzbekistan to the people and the Supreme Assembly. 2022.12.22
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