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# Effect of Parents Biorhythm with Physical, Mental and Emotional Cycles on Autistic Patients as a Creation Cause

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### **ABSTRACT**

The formation of sperm is affected by the health and psychological state of men, as well as the egg is affected by the condition of women, and since man has a relationship with the surrounding universe, which determines the physical, emotional and mental human cycles and the repercussions of these cycles on man from inside and outside, where all his actions are reversed to internal interactions (functional organs), so the positive side of the biorhythm cycle has a great impact on the production and formation of sperm and egg, which ensures the safety and health of the fetus and vice versa, Therefore, the researcher decided to study the impact of biorhythm on the formation of sperm and its relationship to autism and the hypothesis of the research is that the biorhythm has a significant relationship with autism for children and the aim of the research was to identify the relationship of the biorhythm cycle of parents with autism, while the researcher assumed that the biorhythm has an impact on the health and safety of the fetus, and the research sample were the children of the Imam Hussein Institute for the Care of Autism Patients and the kindergarten children of the generations numbering (64) children, The researcher used the descriptive approach on a sample of children with autism and healthy children based on the cycle of the biorhythm of the parents of the research sample on the day of the sperm and the researcher used doctors and specialists in how to extract the date of the sperm meeting, and the researcher recommends the need to choose the positive times of the session for parents for its great impact on the safety of the fetus, and the researcher concluded that the timing has a relationship and impact on children with autism and healthy children positively and negatively, and the parents of children with autism were in the period Physical passivity on the day of sperm as well as emotional and mental.

**KEYWORDS:** Autism, Biorhythm, Physical, Mental, Emotional.

### 1- Introduction:

Autism is one of the common diseases of children in the modern era, which was recently discovered, and since its discovery and until now, the opinions of doctors, scientists and researchers differed in diagnosing the main causes of this disease and its different severity. Some opinions went to the fact that the causes of this disease are genetic, others see its social causes, and others see it as educational and social, and none of them addressed the fact that the cause of this disease is formative, that is, since the formation of sperm inside the uterus. It is no secret to everyone that time and timing are an undeniable necessity because of their importance with a fundamental and pivotal impact on man in addition to his link to the cosmic system and his reciprocal relationship with the universe and the impact of the universe on man through the cycles that man goes through in his different life with the physical, emotional and mental cycle known as the vital rhythm and evidence and proofs of the relationship of the earth with the universe and the impact of the universe on earth is the phenomenon of tides as the most prominent constant phenomenon. As for the impact of the universe on man, it has been scientifically proven that the role of hormones and their relationship to psychological and health stability such as fear and anxiety ... etc., these psychological changes are

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reflections of internal disorders in the components and the difference in their natural concentration as an increase and decrease and disorders of hormones and this comes as reflections and responses from the external environment with all its components of heat and cold or increase the amount of radiation ... Etc. The endocrine system is the main organ responsible for the formation of sperm, as whenever a person enjoys the safety and health of the device, the sperm is in an excellent state of health, and vice versa, the sperm is weak and results in congenital effects, including autism. Hence the importance of research in the fact that the choice of positive and appropriate time is a major reason for the health of the fetus because the parents are in their positive state in terms of physical, emotional and emotional.

## 1-2 Study problem:

The problem of research that one of the problems of patients that psychologists are interested in and learning in our time is autism, which occupies many units and departments of medicine to reach the cause of that disease may be genetic or acquired or defect resulting from the lack of employment of time and the external environment with its four cycles that the human being goes through and since the sperm is the carrier of chromosomes that determine the nature of the upcoming functions in the fetus and what are its capabilities and the extent of its safety or injury, And that any functional device is the amount of efficiency depends on many factors, including healthy nutrition and psychological safety and how to employ the external environment for growth and proper maturity, and at the same time includes women, but are more exposed than men psychological, physical, mental and health aspects and since the human being goes through different cycles of biorhythm going through the stages of rise and fall in efficiency, it is necessary to know the impact of the four cycles (physical, mental and emotional) on that stage of time to fertilize the egg with sperm and in any cycle of cycles The four and in any of those stages on the negative or positive side. The researcher also believes that autism, despite the fact that its causes have not been proven definitively, it is the right of everyone to search behind the causes and extend a helping hand to reduce similar births for people with autism.

## 1-3 Research Objectives:

To identify the relationship of the biological rhythm cycle of parents to autism in children.

## 1-4 Research hypotheses:

Biorhythm has a significant relationship with autism for children with disabilities.

### 1-5 Research fields:

- 1-5-1 Human field: children of the Imam Hussein Institute for the Care of Autism and children kindergarten generations for the healthy.
- 1-5-2 Spatial field: Imam Hussein Institute for Autism and Kindergarten generations.
- 1-5-3 Temporal field: 20-10-2023 to 23-12-2023.

### 2- Method:

The researcher used the descriptive approach to suit the nature of the research. The research sample was selected in a deliberate way, namely the children of the Imam Hussein Institute for Autism in Maisan and the children of the kindergarten generations, which numbered (64) children, (32) children with autism, and (32) healthy people.

### 2-1 Biorhythm calculation:

After taking the information from the sample members and for the date of birth (day - month - year) this information was entered into the treatment of the biorhythm, which provides us with all the indicators that occur for each of the three curves (physical, mental and emotional), as we get the date of the sperm in the

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womb and the values of the physical, emotional and mental curves of the days adopted by the researchers. Ascent curve The descending curve of the parents at the time of their meeting and the formation of sperm, which is shown through treatment that the parents fall in any of the three cycles (ascent-descent).

## 2-2 Research procedures:

The researcher collected all the data related to the dates of birth of children with autism as well as the dates of birth of parents of sick children by visiting the Imam Hussein Institute for Autism Care in Maisan and access to the necessary information from the dates of birth and medical reports that prove that children in the Imam Hussein Institute suffer from autism. In addition, it was confirmed that all the children of the research sample had a normal period of pregnancy, i.e. (9 months), taking into account whether there was an increase or decrease of several days, and the researcher also verified the validity of the data including the dates of birth of the children and their parents. The researcher was also keen on the accuracy of the calculation by taking into account the leap year that comes every four years. After all of the above, the data were entered in the processing and extraction of the physical, mental and emotional cycles of the parents on the date of the sperm and the extraction of the curve as well (ascent-descent).

### 3- Presentation and discussion:

3-1 results of parents cycles of children with autism by data obtained from the research sample after entering the date of birth of parents and the date of sperm in the equation of extracting biorhythm cycles and Table No. (1) shows that for children with disabilities.

Table No. (1) shows mean, standard deviations of the physical, mental and emotional cycles of parents of children with autism

Variables	Fathers physical cycle	Mothers physical cycle	Fathers emotional cycle	Mothers emotional cycle	Fathers mental cycle	Mothers mental cycle	Sperm Convening
Mean	5.28	6.68	8.21	3.51	10.71	3.02	15.28
Standard deviation	2.98	3.08	8.28	3.43	10.09	3.85	5.28

Table (1) shows that the three cycles of the biological rhythm of parents of children with autism according to the date of the sperm meeting, which is clear through the table that the vital rhythm of the parents of children with sperm on the day of the sperm meeting, i.e. the meeting of the couple and the three cycles (physical, mental, emotional) were on the negative side (descent).

## 3-2 Presentation and discussion results of the parents cycles of healthy children:

Table (2) shows the mean, standard deviations of the physical, mental and emotional cycles of parents of healthy children

Variables	Fathers physical cycle	Mothers physical cycle	Fathers emotional cycle	Mothers emotional cycle	Fathers mental cycle	Mothers mental cycle	Sperm Convening
Mean	4.68	6	7.56	8.06	10.53	9.21	13.31
Standard deviation	2.54	2.56	3.44	3.03	3.02	3.58	8.93

Table (2) shows that the three cycles of the biorhythm of parents of healthy children got the physical cycle according to the date of the sperm, which is clear through the table that the vital rhythm of the parents of healthy children on the day of the sperm meeting, i.e. the meeting of the couple and the three cycles (physical, mental, emotional) were on the positive side (ascent).

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Table (3) shows the date of the sperm on the Gregorian date and its equivalent in the Hijri date for the sick and healthy

No.	Sperm convening day in Gregorian calendar for autism patients	Sperm convening day in Hijri calendar for autism patients	No.	Sperm convening day in Gregorian calendar for autism patients	Sperm convening day in Hijri calendar for autism patients
1	9	30	1	6	8
2	23	30	2	15	11
3	5	29	3	10	10
4	2	14	4	14	9
5	18	15	5	24	6
6	22	2	6	4	19
7	14	1	7	7	21
8	17	15	9	27	22
9	25	14	10	21	20
10	17	28	11	17	23
11	11	1	12	18	24
12	21	28	13	19	11
13	13	1	14	30	9
14	14	30	15	30	9
15	15	30	16	30	10
16	12	30	17	15	10
17	25	15	18	14	9
18	16	28	19	14	8
19	4	29	20	14	7
20	18	14	21	8	24
21	2	1	22	2	11
22	9	2	23	6	8
24	27	15	24	7	25
25	27	15	25	17	21
26	27	28	26	21	23
27	3	29	27	18	19
28	17	14	28	8	19
29	29	30	29	2	20
30	15	30	30	1	7
31	18	28	31	2	19
32	13	30	32	3	24
32	1	30	32	2	22

It is clear from Table No. (3) that the dates of the sperm for infected children were concentrated in the Hijri calendar in the first, middle and last month, unlike the dates of the sperm for healthy children, which was concentrated in the dates of their sperm in the first and last third away from the first, middle and end of the month and these dates have purely scientific evidence.

3-3 Discussing the results of the courses of parents of healthy children and people with autism: The periods of decline to the negative side of the rhythm of all cycles have a clear and effective impact on the activity and safety of functional organs, including the endocrine system and the reproductive system is one of the

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endocrine systems in vertebrates. The researcher believes that the decline in physical efficiency reduces the level of activity of the testicles and the loss of function by perpetuating the process of sperm formation, and this is what Hamid and others see "The hormone stimulating the formation of sperm and androgens perpetuate the process of sperm formation and the hormone stimulating the formation of sperm to stimulate the secretion of protein linking to androgen as well as plunderers through Sertoli and works plunderers through feedback to inhibit the secretion of hormone stimulating the formation of sperm either luteinizing hormone it stimulates the secretion of testosterone through the Lig and Todi blood clot under Mulch in animals leads to atrophy of the testicles and loss of function The same effect is observed in the case of infection of the hypothalamus in humans with some diseases". Also, for women, the female reproductive system shows regular periodic changes aimed at creating suitable conditions for fertilization and pregnancy: "Increased estrogen levels may activate the secretions of the hormone stimulating the ovarian follicles and stimulate the secretion of luteinizing hormone and thus lead to failure of growth of the ovarian vesicles and the process of ovulation. It can be noted in this area that the exposure of fetuses to hormones can in many cases lead to abnormalities in the growth of offspring and the possibility of death of young during pregnancy and increase rates of self-abortion and chromosomal abnormalities and there are indicators that can be paid attention to as the effects apparent in this area are direct evidence of the negative effects of steroid hormones. All psychological factors are only mental processes, so the mental decline in the cycle of biorhythm on the day of sperm for parents of autistic patients is the other, which is a cornerstone to cause this disease and this indicates the importance of the voluntary motor phenomenon controlled by sites in the human brain.

### 4- Conclusions and Recommendations:

## 4-1 Conclusions:

Timing has a relationship and impact on children with autism and healthy children positively and negatively. Parents of children with autism were in the negative physical period on the day of the sperm as well as emotional and mental. The emotional state has a lot to do with the safety and health of the formation of sperm and sperm for its rapid effect on the hormonal system. The health and peace of healthy children was the result of parents actively enjoying the physical, emotional and mental state of falling on the positive side of the three sessions on the day of sperm. The convening of sperm on the day and in the Gregorian calendar was in accordance with the Hijri calendar at the beginning, middle and end of the month, and this proves the authenticity of the narrations of Ahl al-Bayt (peace be upon them) in the commandments of the Holy Prophet (peace be upon him) to Imam Ali Ibn Abi Talib (peace be upon him) in the etiquette of sexual intercourse.

#### 4-2 Recommendations:

Pay attention to the time and timing in choosing the hour of intercourse for parents and choose positive times. Avoid sexual intercourse at the beginning, middle and end of the (Hijri month) because it fully corresponds to the negative side of the vital rhythm (physical, emotional and mental). Conducting similar research and studies. The safety and health of children lies in the remaining days of the Hijri month.

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