



Spirituality is a Guarantee of International Cooperation

Khalikov Ishkabil

Professor of Tashkent State Pedagogical University named after Nizami, Doctor of History, Academician of the International Academy of Ecology, Nature, Human Security

Abstract: *In this article, harmonizing the interests of different nationalities and ensuring harmony among them is one of the decisive factors of development in our country. There is an opinion that great importance will be attached to the implementation of this idea in our country.*

Keywords: *culture, enlightenment, society, social, human, spiritual value, custom, tradition, idea, goal. ethics, religion and education.*

In today's world, there are many universal values that are equally important for all mankind and all nations. Spirituality has a special place among them. According to experts, there are about three thousand nationalities on Earth, which unite 96% of humanity. The remaining 4 percent are ethnic groups and tribes. Of all the nations in the world, only about 200 have their own statehood. In such conditions, it is necessary to regularly study the interests, mentality, and aspirations of nations all over the world, and to always take this into account in political and social life.

This issue is also very important for our country. Representatives of many nationalities and peoples have lived together in the territory of Uzbekistan since ancient times. Today, representatives of more than 130 nationalities and peoples live in the territory of Uzbekistan. Every nation is a miracle of the Creator and has its own language, customs, values and traditions. Harmonizing the interests of different nationalities and ensuring harmony among them is one of the decisive factors of development in our country. Great importance is attached to the implementation of this idea in our country. State and political figure IAKarimov stated the specific policy of Uzbekistan in this regard and noted: "The sacred duty of the Uzbek nation, which is the majority among the population of the republic, is to restore the mother tongue, its national culture and history. responsible for creating equal conditions and opportunities for the fate of a small number of peoples who live together, to preserve their unique cultural and spiritual characteristics, to grow and develop their identity it also consists of This responsibility is the moral basis of mutual respect, friendship and solidarity between people of different nationalities and peoples living in the same society and working towards a common goal. The national idea, based on high spiritual principles and a great sense of responsibility, creates the conditions for the full realization of the talent and potential of the representative of each nation, and it is used for noble goals such as the development of the Motherland, peace of the country, and the well-being of the people. mobilizes towards

It is known that during the time of the former Union, the interests of the totalitarian system were prioritized, and a person, his rights and interests, and his spiritual and spiritual life became secondary things. In particular, the concept of "Spirituality" lost its original meaning and significance and was condemned to oblivion. After all, spirituality is not a phenomenon that makes a person - a person, a nation - a nation, defines their value and identity, and has been formed and developed as a whole system over the centuries, but some moral qualities, feelings and only experiences were understood. Most social science majors were used to researching and promoting spirituality not as a separate and

distinct phenomenon, but as simple moral concepts. However, it is a historical fact that with such a superficial approach, it is impossible to understand the spiritual phenomenon, which has deep historical, theoretical and practical foundations, with all its essence and scope, and to study it on a holistic and systematic basis.

After we gained independence, a person, his interests, rights and freedoms were declared as the highest value in our country. As much as the issue of building a new life and a new society has become an urgent and important task in Uzbekistan, it is necessary to completely change the views on spirituality, to change the age-old criteria demanded by the times in this regard, the original meaning of this unique event, restoration of its social significance has also become an urgent necessity. Such wide-ranging issues were thoroughly explained in the works of Islam Karimov from a theoretical and practical point of view. Therefore, the years of independence were for us a period of spiritual revival and upliftment, along with renewal and changes in all spheres of life.

In particular, the book "High Spirituality - Invincible Power" published by our President in 2008 is of great importance in strengthening the scientific-theoretical foundations of our ideas and concepts about spirituality, updating views and conclusions in this regard, and raising it to a higher level. . Because in this book, the phenomenon of spirituality is firstly analyzed in depth in connection with history and today, human, people, and nation categories, national and universal values, traditions, social institutions, and its complete definition, system of concepts, main principles were explained on a conceptual basis. Thanks to the deep opinions, methodological views, theoretical and practical conclusions in this work, we can see spirituality today, which occupies an incomparable place in the life of mankind, opens up new possibilities depending on the requirements and criteria of the time, and becomes an invincible force, unique to every nation in the world. we imagine the phenomenon as a whole system. According to the definition given by our head of state, spirituality is an incomparable force that calls a person to spiritual purification, spiritual growth, strengthens the inner world of a person, strengthens his will, makes his faith whole, awakens his conscience, and is the criterion of all his views.

During the former union, the issue of spirituality was neglected. At that time, not being able to interpret it as a holistic phenomenon did not allow to form a general idea about it. After our independence, attention to it increased, restoration and preservation of our spiritual values became a priority. In this regard, extensive practical and theoretical work has been carried out. In our country, in the field of spirituality, a new system has been formed that is compatible with international standards, universal values and our national interests, instead of the highly ideological sciences of the former union.

shows the scientific-methodological foundations of the study of the phenomenon of spirituality in detail, which is important in comprehensively solving the tasks in this regard. Thanks to this work, it became possible to deeply understand the true essence of spirituality, to study its specific features based on new conceptual approaches. As stated in this work, the concept of "spirituality" in our country fully embodies ideological, ideological, educational, cultural, religious and moral views in the life of society. Therefore, when thinking about this topic, all these views can be summarized and expressed through the concept of "spirituality" in a broad sense.

In Western countries, including some states formed on the site of the former union, spirituality is not considered a separate phenomenon. It is generally understood as a concept related to religion or morality. Sometimes these terms are equated with each other, and in some cases it is suggested that both of them can replace spirituality. In addition, there are also opinions that spirituality is a part of morality or religion, therefore, it can be understood as a set of characteristics that exist in these two values. Such approaches are one of the main reasons why spirituality has not become a separate science in these countries.

As stated in the work "High spirituality - an invincible power", "... when we think about spirituality, we should analyze this issue thoroughly and deeply, not limiting ourselves only to its favorable and

positive aspects, we should not ignore such complex aspects". In this regard, it is necessary to pay special attention to the following aspects of spirituality:

- a set of requirements and rules that regulate social relations in society and interactions between people;
- system of spiritual values, customs and traditions, ideals, ideals and goals;
- a whole set of spiritual phenomena consisting of ethics, culture, enlightenment, religion and education system;
- spiritual processes, creative activity of a person improving himself and the world in which he lives and its results;
- human maturity, level of improvement of his spiritual image, set of personal - moral characteristics and educational qualities;
- a system of moral requirements and principles that are interconnected with all spheres of society, as well as a system of criteria that determine human life and activity.

Spirituality is based on the interaction of the following main aspects in the form of a set of human characteristics and qualities. First of all, it is not a gift of fate, it has matured as a result of continuous development over the centuries, it was formed in the consciousness of our people on the basis of noble concepts such as freedom, independence, motherland, kindness, and honor. Spirituality is absorbed into a person along with mother's milk, father's example, ancestors' fertilizer. Proximity to nature, enjoying the natural beauty of the beloved country nourishes and strengthens spirituality. At the same time, it is a social system that does not pass from parents in a natural, full and direct way, but is formed as a mature person and occurs in the process of education. acts as a set of qualities. These qualities are manifested in the material and spiritual activities of a person, in his communication with others, and in his attitude towards society and others. Another aspect is that spirituality acts as a unique social phenomenon that covers the entire diversity of a person's way of life and activity, material and cultural needs, his thinking, worldview, moral image, creativity.

Thousands of years of our history testify that nobility and humanity, striving for interethnic harmony are among the highest qualities of our people. Traditions in this regard are passed down from generation to generation. Article 8 of the Constitution of the Republic of Uzbekistan clearly states that "the people of Uzbekistan are made up of citizens, regardless of their nationality." The concept of "People of Uzbekistan" serves as a moral basis for mutual respect, friendship and solidarity between people of different nationalities and ethnicities living in our country and working towards a common goal. Such an environment does not allow the emergence of various problems in inter-ethnic relations and is of great importance in the implementation of national ideas such as the development of the Motherland, the peace of the country, and the well-being of the people.

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