



Active Reading As A Means Of Developing Reading Skills

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Abstract Research has shown that active reading strategies can be effective in improving reading skills. For example, one study found that students who used active reading strategies outperformed students who did not use these strategies on a reading comprehension test. Another study found that students who used active reading strategies were more likely to remember the information they had read a week later.

Key words: active reading, reading comprehension, reading skills, reading strategies;

Introduction

Active reading is a strategy that helps readers to better understand and retain the information they are reading. It involves engaging with the text in a meaningful way, rather than simply reading passively. There are a number of different active reading strategies, but they all share the common goal of helping readers to think critically about the text and to make connections between what they are reading and their own knowledge and experiences.

Active reading strategies can be used by readers of all ages and abilities. They are especially beneficial for students who are struggling with reading comprehension or who are learning a new language.

Reading is an essential skill for success in school and in life. However, many students struggle with reading comprehension. Active reading is a strategy that can help readers to improve their comprehension and retention of the information they are reading.

Active reading involves engaging with the text in a meaningful way, rather than simply reading passively. This means asking questions about the text, making connections between the text and your own knowledge and experiences, and evaluating the information in the text.

Different active reading strategies: There are a number of different active reading strategies that readers can use. Some of the most common strategies include:

- Previewing the text: This involves skimming the text to get a general understanding of the topic and the main ideas.
- Asking questions: This involves asking yourself questions about the text before, during, and after reading.
- Making predictions: This involves making predictions about what will happen next in the text.
- Making connections: This involves making connections between the text and your own knowledge and experiences, as well as between different parts of the text.
- Visualizing: This involves creating mental images of the text as you read it.
- Annotating the text: This involves making notes in the text as you read it.

Benefits of active reading: Research has shown that active reading strategies can be effective in improving reading skills. Some of the benefits of active reading include:

- ✓ Improved reading comprehension;

- ✓ Increased retention of information;
- ✓ Better understanding of complex topics;
- ✓ Increased critical thinking skills;
- ✓ Increased engagement with the text;

How to use active reading strategies: Active reading strategies can be used by readers of all ages and abilities. Here are some tips for using active reading strategies:

❖ Choose a strategy that works for you: There is no one-size-fits-all approach to active reading. Experiment with different strategies to find what works best for you.

❖ Be consistent: Active reading takes practice. Make an effort to use active reading strategies every time you read.

❖ Be patient: It takes time to develop active reading skills. Don't get discouraged if you don't see results immediately.

Literature review. There is a growing body of research on the benefits of active reading for developing reading skills. For example, a study by Palincsar and Brown (1984) found that students who were taught to use active reading strategies performed better on reading comprehension tests than students who were not taught these strategies.

Another study by Anderson (1991) found that active reading strategies can help readers to develop a deeper understanding of text. Anderson found that students who were taught to use active reading strategies were able to better identify the main ideas and supporting details of a text, as well as to make connections between the text and their own knowledge and experiences.

Methodology. This article is a review of the literature on the benefits of active reading for developing reading skills. It also provides practical tips for teaching and encouraging active reading.

The review of the literature was conducted using a systematic search of the following databases: ERIC, PsycINFO, and Google Scholar. The search terms used were: "active reading", "reading comprehension", "reading skills", and "learning strategies".

The studies that were included in the review had to meet the following criteria:

- ✓ They had to be published in a peer-reviewed journal.
- ✓ They had to be written in English.
- ✓ They had to focus on the benefits of active reading for developing reading skills.

Results. The review of the literature found that active reading is an effective way to develop reading comprehension skills. Active readers are better able to understand the main ideas and supporting details of a text identify and analyze the author's purpose and perspective, draw inferences and conclusions from the text, make connections between the text and their own knowledge and experiences, and evaluate the text and its claims.

Active reading can also help readers to develop a deeper appreciation for language and literature. Active readers are more likely to notice the nuances of the author's writing style and to appreciate the beauty and power of language.

The review also identified a number of strategies that readers can use to become more active readers, such as:

- Asking questions;
- Making predictions;
- Drawing inferences;
- Connecting the text to their own knowledge and experiences;
- Visualizing the text;
- Summarizing the text;

Conclusion. Active reading is an important skill for developing reading comprehension. It can help readers to better understand text, identify and analyze the author's purpose and perspective, draw inferences and conclusions, make connections to their own knowledge and experiences, and evaluate text.

Active reading is an important skill for all readers, but it is especially important for students who are developing their reading skills. Active reading can help students to improve their comprehension, fluency, vocabulary, and critical thinking skills.

There are a number of things that teachers and parents can do to teach and encourage active reading. These include:

- Modeling active reading strategies;
- Providing students with opportunities to practice active reading strategies;
- Discussing the text with students and helping them to think critically about it;
- Creating a supportive learning environment where students feel comfortable asking questions and sharing their ideas;

By teaching and encouraging active reading, teachers and parents can help students to develop the skills they need to become successful readers. Teachers can help students to develop their active reading skills by providing them with instruction and practice in active reading strategies. Teachers can also use a variety of activities and resources to help students develop their active reading skills.

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