



Psychological Factors of Personal Thinking and Thinking Psychology

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Anotation: *This article discusses the psychological factors of individuals and the psychology of thinking. Through this article, you are given an understanding of the problems and shortcomings that arise in personal thinking, the flow of thoughts, and the internal and external pharaohs. Everyone has the ability to think individually. His motivations and internal psychology are among the factors affecting his thoughts. Thinking is reflected in a person's brain, or psychology, what he needs to do in his present and subsequent life, and then his thoughts apply to his life. Jehovah's Witnesses would be pleased to answers with you.*

Keywords: *Psychology, brain, person, mind, thinking, problem, reflex, spiritual, disease, sensitivity, imagination, thinking, positive, positive.*

Today, it is easy to know whether an individual's thinking is growing, or that opinions are emerging based on his or her worldview, depending on the worldview of individuals and what they are doing. His thoughts are at the forefront of human psychology. The idea is material. Our thoughts affect our lives. That's what happens in our lives, thinking about what we think in our brains. We may not realize that our thoughts are materialized, but what is happening in our lives is reflected in our thoughts. First our lives are created in our brains, and then they begin to be reflected in our lives. For example, large mountains were seen by everyone, and these mountains were made up of small pieces of stone. Small stones formed large mountains. When a person thinks bad things, his thoughts change for the better, depending on his movement, character, and purpose. If his thinking is psychologically distorted, it cannot be influenced by any person, the environment, because these ideas are formed, created in his inner world. Thought has a huge impact on a person's life. Because when a person wants to do something, he thinks first, reflects, and then acts according to what he thinks. As a result, positive or negative life experiences occur in it.

Thought is a universal weapon of man. A person has an idea, can apply it, use it enough, he has no limit. The more a person thinks, the broader his thinking circle will continue to expand. When a person has a problem, his thinking circle drops sensationally. Because his focus, that is, the focus, focuses on the same problem.

An individual thinks in two different ways. One is internal, the other is external. Inner thinking is a phase of deep thinking. The resulting embryo was allowed to develop in nutrients and then inserted into her womb, where it implanted. For example, if a person finds out that a large dog is chasing after him if he is on the road, he begins to flee because of fear, regardless of anything. But he thinks it's because he's afraid. The thought given to his brain scares him, that is, he is intimidated by an idea from the process, not a dog. Thought is not responsible for a person's brain, for his life, but through these thoughts a person's life begins to be skeptical. And the idea increases, or lowers, our mental strength. Only in the process of thinking are people able to draw conclusions and process information arising from the environment. Thinking knowledge activities. It allows you to think, not

to end the material world and not to adhere to frames built on experience and visualization. The results of mental work are always reflected in statements, thoughts, and actions. The main types of thinking are two practical and one-theoretical [1].

LITERATURE ANALYSIS:

Basic types of thinking and their characteristics

Action:

English-effective thinking. It is carried out in external actions. It is done not in verbal forms, but by solving problems and changing the situation of the result itself. That is, the practical movement of objects. For example, children analyze reality at a young age based on examples of movement. This is the initial stage of logical thinking, then the transition to logical thinking and further development.

Mentally thinking. It is structured by definitions and injections. Image of the real world. It is characteristic of artists, poets, architects, models, and perfumers. In simple form, this idea appears at an age of preschool. The pillars of visually effective (and thoughtful) thinking are also specific for high animals.

Theoretical:

Abstract (oral-logical) thinking. It is based on concepts and judgments. A person analyzes events, situations, things, takes into account the opinions of others, not just from a point of view of settings. Speech is possible only if you master it. It is unique for adults with adequate knowledge, skills and skills.

Many psychologists, professors, and physicians believe that when a person thinks, his psychic affects him. The idea is material and it has the ability to apply to life. Your thoughts will set you apart from the rest. Your life will build you on top of your thoughts. Your current thinking will determine who you will be in the future. By expanding a person's thinking process, you can change his worldview, life, and thinking. In America, such an experiment was conducted, that is, they influenced his opinions. Two people were playing a game of collecting logical forms, two people had to put themselves in place of different forms, they were given the same amount of time, the first is that you can't handle it, you can't, you have very little time left, you can't handle it. And the next experiment is that you can do it, we believe you, they say you can, but they were given the same time. Before reaching half the time, the first participant began to get confused and angry. The second participant collects calm forms in his place. This experience shows that whatever thoughts are influenced by a person, his life, movement, and character adapt to the same.

RESEARCH METADODOLOGY

The article explores the problems and solutions to ideas that arise in human psychology. Jehovah's Witnesses would be pleased to discuss these answers with you. Because thinking in a person's psychology is one of the most complex processes in the world, and studying it and determining the power to influence an individual's life remains the first purpose of the article.

Thinking about man and mind

To date, there is no single definition of word intelligence, and every expert tends to describe it with a slight difference. The most common sense definition is the ability to solve mental functions [2]. The most important part of the approaches is how the problems of thinking that arise in a person's psychology play a role in the inner and outer world.

ANALYSIS AND RESULTS.

Anyone has ever faced events or actions that are reasonable, unexplained from a scientific point of view. Everyone had incredible coincidences or incomprehensible feelings, thoughts or insights that come into their own way. For some, it happens more often, for some less, but such things happen. It practically affects for the entire phase of this. It comes from an external environment—people around them, friends, close ones, conditions, and relationships.

The results show that a person's thought process affects his or her mental strength. For example, when an entity thinks about negative things, its mental strength continues to decrease, but when it thinks of positive things, its mental strength increases. How does this happen? When a person reads a motivational book, his thinking and behavior change. Because his intellectual energy, his mental energy, increases. His mental and physical condition also increases. As a person ages, his pharaohs expand. From books, from life, from people, from what they have seen, by what they have seen, by experience. This experience brings a person to maturity.

Thoughts determine the extent to which a person is. The higher a person's opinion, the more he does not need the rest.

A person needs to think

A person needs to reflect

The individual needs to convey his thoughts to the rest

An individual needs to develop his or her opinion

Needs control of an individual's thoughts

What a person thinks a lot will be directed at the same thing, that is, let's say that one person hates the other. To a person who hates him, he continues to be full. When a person accuses the other, it will be his tissue, because the accused will be in the center of the accused, and his actions and verbs will depend on him.

CONCLUSIONS

In a nutshell, a person needs a lot in the process of thinking. He thinks using a variety of methods to meet his needs. Thinking is not just a process, it is very important for a person, because he sees events and events that take place in the inner and outer world through the human eye, hears through the ears, feels taste through the nose. However, when it comes to psychological states, a person's thinking and brain indicate his mental state. Our brain has a huge impact on our thinking. Because a lot of data is analysis and synthesis in our brains. Our brains also play a huge role in our lives. And it is true that the development of our brains is the result of our thinking. It should be noted that in recent years, according to the achievements of psychology, the right and left hemisphere of the human brain perform a variety of tasks. The right and left hemisphere is so different that even the level of perception varies [3].

LITERATURE

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